

# **New York State YMCA Swimming Championships**

**Ithaca College**

**March 14-16, 2014**

Held under the Sanction # CAQ-2014-NY297937 of the YMCA Competitive Swimming and Diving Advisory Committee. Held under the approval of USA Swimming, approval number TBD.

This meet is a closed YMCA Meet.

- Only YMCA teams that have completed the current year YMCA team registration are permitted to compete.
- This meet adhere to the Rules that Govern YMCA Competitive Sports
- Current USA Swimming technical rules shall be followed
- The Meet Referee is currently certified as a Level 2 official, and a minimum of two additional YMCA certified officials shall conduct the meet. USA Swimming certified officials are welcome to participate, but the Meet Referee is YMCA certified
- Only coaches with current CPR, First Aid, Lifeguard/YASA/Safety Training for Coaches and YMCA Principles of Competitive Swimming certifications will be permitted on deck
- All swimmers must be full privilege members of their local YMCA and must have represented only their YMCA in competition (high school competition excepted) for a period of 90 days prior to the first day of the meet.
- This meet has entry standards.
- This meet is the highest level championship meet for New York State YMCA's

This meet is sponsored by the Rochester Area YMCA Swim League.

The Aquatic Pavilion of the Athletics and Events Center at Ithaca College is a 9 lane 50 meter by 21 lane 25 yard pool with with Paddock continuous flow through lane lines. Timing Systems are fully automatic Colorado VI Time System with touch pads, relay judging platforms, a full color video board and Hy-Tek computer scoring. Ample seating for 950 is available. The water depth is 8+ feet at both the starting and turning ends of the competition course. Swimmers will be on deck with coaches being fully responsible for their swimmers. No exceptions.

The meet will be conducted in accordance with the current USA Swimming Rules and Regulations(Technical Rules), "Rules That Govern YMCA Competitive Sports" and YMCA Swimming and Diving "Black Book," except where rules therein are optional and exceptions are herein stated."

This is an age group meet with classifications as follows, Class A 15-18, Class B 13-14, Class C 11-12, Class D 10 & Under and Class E 8 & Under. Age is determined by how old the swimmer is on December 1, 2013. All swimmers must be registered with the New York State Swim Commissioner.

Swimmers with a disability are welcome to enter this meet. At the time of entry the coach or person entering the swimmer must alert the Meet Director and Meet Referee regarding the nature of the swimmer's disability, the swimmer's classification(if classified), and requests for and special accommodations.

In order for a swimmer to be eligible to participate in the New York State YMCA Swimming Championships, a swimmer must;

- Be a member of his/her local YMCA and must hold a full privilege membership for a minimum of 90 days prior to the first day of competition
- Have represented only his/her local YMCA in at least three closed inter-association YMCA meets prior to the State Championship meet during the current season(September-March) for the same team on three separate dates
- Have met or surpassed the minimum qualifying time for any event he/she enters in the NYS YMCA Swimming Championship. Times achieved in relays will NOT be accepted to qualify for individual events unless it is a certified lead off leg
- Phone or paper meets will not be accepted as an official required meet
- A triangular meet will count as only one inter-association meet
- Class A, B & C swimmers may achieve qualifying times from a high school or junior high meet provided they have met all the above requirements
- Proof of participation in three closed inter-association YMCA meets must be furnished at the championship meet by the coach upon request by the meet committee if a swimmer's eligibility is questioned
- Have represented only his/her local YMCA in any open or closed competition during the current season(October 31-March). He/she may NOT represent any other club or organization(high school competition excepted) other than his/her represented YMCA, during this time only, if they wish to enter the NYS YMCA Swimming Championship. A swimmer may transfer from one YMCA to another by obtaining consent from the original YMCA and follow the National YMCA guidelines
- Any student who attends a scholastic institution beyond grade 12 and who represents that institution in swimming or diving during the current season may not participate in the NYS YMCA Swimming Championships
- If an association does not sponsor a swimming or diving competitive program, an eligible athlete may participate in the NYS YMCA Swimming and Diving Championship provided his/her entry is approved by the State Commissioner and in agreement with his/her local YMCA Executive Director. All other requirements must be met.
- Swimmers must achieve the minimum qualifying time in their events at the NYS YMCA Swimming Championship meet. Failure to meet this criteria may result in the coach having to prove the entry time of the swimmer before the swimmer may compete in the remainder of the meet.
- Each team will be allowed without penalty, 5 swims over the qualifying time. If a team has more than 5, that team must prove the entry times for all swimmers over the qualifying time or be fined \$100 and will be fined \$100 for each non-qualifying time over the cut. Proof of time can be any printed Meet Manager result, any US Swim Database print out, a Team Manager print out with the time marked as having come from a Meet Manager Result, any High School or Y meet result sheet. Not acceptable is a Team Manager print out with a time marked CUSTOM TIME.

**DATES:** March 15 – 17, 2013

**START TIMES:** Class C, B A  
Friday Warm-up 4:00 p.m. Start 5:00 p.m.  
Saturday Warm-up 6:30 a.m. Start 8:00 a.m.  
Sunday Warm-up 7:30 a.m. Start 9:00 a.m.  
Finals: Saturday Warm-up 5:00 p.m. Start 6:30 p.m.(1)  
Sunday Warm-up 4:00 p.m. Start 5:00 p.m.  
Class E, D  
Saturday Warm-up 12:30 p.m. Start 1:30 p.m.  
Sunday Warm-up 1:00 p.m. Start 1:45 p.m.

Warm-up will be split into two sessions to permit access to both warm-up and competition pools. The Meet Directors reserve the right to adjust warm-up and start times after all entries and accurate timelines can be determined. (1)Senior Recognition will be prior to the start of Saturday Evening Finals Session.

**ADMISSION:** Admission passes and programs will be available for sale in advance on-line February 1–28, 2014. If available, additional admissions and programs can be purchased at the door beginning approximately one hour before each session warm-up begins. On line purchase information and instructions will be in a follow up email.

Advance Purchase:	ALL Sessions Meet Pass	\$25.00
	Class ABC Multi Session Meet Pass	\$20.00
	Class DE Multi Session Meet Pass	\$20.00
	Meet Program	\$15.00

At Door Purchase	Single Session Pass	\$10.00
	Meet Program	\$15.00

All spectator passes, meet programs, swim vendor, shirt vendor, concessions and meet photographer will be available on the lower level track area. Only those persons with meet passes will be allowed to the access points of the spectator gallery.

**TEAM ELIGIBILITY:** All teams must be currently registered through the YMCA Online Team Registration (<http://www.ymcacompetitiveswim.org>) system in order to participate in the meet. All Coaches must show their current YMCA coach credentials as listed above.

**ROSTER:** Each participating team must submit a Hy-Tek roster file to Frank Ranhofer and Brian Bradstreet no later than January 24, 2014  
franhofer@aol.com      brianb@rochesterymca.org      ystingray@aol

**DECK ACCESS:** Deck access is limited to swimmers, officials, coaches and volunteers operating the meet with ASSIGNED DECK PASSES. All access to the pool deck must come from the lower level track area.

**BULL-PEN:** Class E swimmers must report to the designated bull-pen area on the pool deck for seating prior to their events. From there they will be escorted to the blocks. Class A, B, C and D swimmers will report directly to the blocks. It is the swimmer's responsibility to be on the bulk-head and ready to "step-up" when his/her event is ready to swim.

**ENTRY FEES:** Individual Events: \$5.00 per swimmer, per entry  
Relay Events: \$20.00 per team entry

Entries must be submitted as a Meet/Team Manager file via email to brianb@rochesterymca.org and ystingray@aol.com

An entry list report will be sent to you for confirmation of the import via email, within 48 hours of receipt of your entry export file.

Mail appropriate fees and forms to: Brian Bradstreet, Northwest YMCA, 730 Long Pond Rd., Rochester, New York 14612.

Make checks payable to Greater Rochester YMCA

ALL Entries must be received by Monday, February 24, 2014

**ELIGIBILITY:** Swimmers must meet the eligibility requirements listed above.

- RULES:**
1. 2013 USA-Swimming Technical Rules will be followed.
  2. An individual may enter no more than 3 individual events and 2 relay events for a total of five events. The open events do not count toward the event limit.
  3. With the exception of the Open Relay Events, a team may not enter more than one relay per age group. Teams may enter a maximum of two relays for the Open Relay Events. Relay alternates must be listed for each relay, which will not count as an event, unless the swimmer actually swims the relay.
  4. NO swimmers will be allowed in the spectator area without a meet pass.

**SCORING:** First through sixteenth place for all events excluding open events and time trials  
Individual Events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1  
Relays: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2

**AWARDS:** Swimmers will receive awards for all events, including open events but excluding time trials  
Medals for places 1-8 and ribbons for places 9-16.  
Heat ribbons will be given to heat winners at the conclusion of each heat.  
Trophies will be given to the winning team in each age group.

**RESTRICTIONS:** Coaches and parents are responsible for the conduct of their swimmers throughout the meet and for keeping swimmers in designated areas. Misconduct or vandalism will result in a swimmer being expelled from the meet. Only coaches providing an East Field Deck Pass will receive a NYS YMCA Swimming Championship deck pass. Courtesy scratches upon arrival and on the blocks will be allowed. No substitutions will be allowed except in relays where alternates have previously been listed. E swimmers may swim in D events, but no other swim-up changes allowed. Sanctioned National time trials will be conducted time permitting. Time Trial Fee will be \$10.00 for an individual event and \$20 for relay event.

**SHAVING:** Shaving anywhere in the College's facility will result in automatic and immediate disqualification from the Meet. Please advise swimmers accordingly.

**COACHES MEETING:** There will be a mandatory coaches meeting prior to the start of the first session. A representative from each team must be present. Attendance will be taken. Coaches' packets will be available on the lower track level.

**REFRESHMENTS:** Food and beverages for coaches and officials will be available in the designated area. A concession stand on the lower level track area will be available for all.

**DIRECTIONS:** The swim meet is located on the Ithaca College Campus.

**PARKING:** Please follow the directives of the parking attendants. Parking is only permitted in the designated areas. All roadways and drive areas must remain open and clear for emergency access. Vehicles parked in no parking areas will be ticketed and towed at the owner's expense. NO EXCEPTIONS. WARNINGS WILL NOT BE ISSUED.

**FACILITY ACCESS:** There will be only two access points to the Athletic Center. The first being the main entrance from the front of the building which leads to the main level and lobby. The second is from the rear of the building which leads to the lower level track area and stairwells to the main lobby. No one will be permitted to the main level spectator gallery access points unless they have the correct session pass for that session.

In the event of an emergency, please listen to and follow the public address announcements. Coaches should account for all swimmers and accompany them as instructed. Spectators must exit by going down the stairs and use the nearest exit. More details will be of what to do in an emergency at the NYS YMCA Swim Meet will be discussed at the first MANDATORY coaches meeting.

# 2014 NYS YMCA Swimming Championship

## Order of Events

	Girls	Boys	Class	Event
Session 1 - Friday	1 (2:30.00)	2 (2:20.00)	Open	200 Fly
March 14, 2014	3 (2:36.50)	4 (2:21.99)	A	200 IM
Warm-up: 4:00 PM	5 (2:37.00)	6 (2:42.00)	B	200 IM
Start: 5:00 PM	7 (2:48.00)	8 (2:53.49)	C	200 IM
	9	10	Open	200 Free Relay(fast to slow)
	11 (2:28.00)	12 (2:18.00)	Open	200 Back
	13 (6:20.00)	14 (6:25.00)	B	500 Free
	15 (6:08.00)	16 (5:38.00)	A	500 Free
Session 2 - Saturday	17	18	Open	200 Medley Relay(fast to slow)
March 15, 2014	19 (29.70)	20 (30.19)	C	50 Free
Warm-up: 6:30 AM	21 (28.59)	22 (27.80)	B	50 Free
Start: 8:00 AM	23 (28.10)	24 (24.50)	A	50 Free
	25 (35.50)	26 (36.30)	C	50 Back
	27 (1:12.80)	28 (1:13.60)	B	100 Back
	29 (1:12.00)	30 (1:06.40)	A	100 Back
	31 (2:27.20)	32 (2:26.10)	C	200 Free
	33 (2:21.00)	34 (2:19.00)	B	200 Free
	35 (2:17.00)	36 (2:03.10)	A	200 Free(fast to slow)
	37 (2:42.00)	68 (2:30.00)	Open	200 Breast(slow to fast)
Session 3 - Saturday - Finals	45 (1:51.00)	46 (1:54.00)	E	100 IM
March 15, 2014	47 (1:27.90)	48 (1:30.00)	D	100 IM
Warm-up: 12:30 PM	49 (41.99)	50 (41.15)	E	50 Free
Start: 1:30 PM	51 (1:17.00)	52 (1:17.60)	D	100 Free
	53 (21.99)	54 (23.59)	E	25 Back
	55 (41.50)	56 (42.30)	D	50 Back
	57 (1:38.00)	58 (1:38.00)	E	100 Free
	59	60	D	200 Medley Relay
	61	62	E	100 Medley Relay
Session 4 - Saturday - Finals	7	8	C	200 IM
March 15, 2014	5	6	B	200 IM
Warm-up: 5:00 PM	3	4	A	200 IM
Start: 6:30 PM	19	20	C	50 Free
	21	22	B	50 Free
	23	24	A	50 Free
	25	26	C	50 Back
	27	28	B	100 Back
	29	30	A	100 Back
	31	32	C	200 Free
	33	34	B	200 Free
	35	36	A	200 Free
	39	40	C	200 Medley Relay
	41	42	B	200 Medley Relay
	43	44	A	200 Medley Relay

Note: Events 1-2, 9-18, 37-64, 83-106 are timed finals.

All Class A, B & C relays on Saturday are swum in the Saturday Session 4.

All Class A, B & C relays on Sunday are swum in the Sunday Session 6.

Events 3-8, 19-36, top 16 advance, Consolations & Finals are swum in the Saturday Session 4.

Events 65-82, top 16 advance, Consolations & Finals are swum in the Sunday Session 7.

## 2014 NYS YMCA Swimming Championship Meet

### Order of Events continued

	Girls	Boys	Class	Event
Session 5 - Sunday	63 (5:10.00)	64 (4:45.00)	Open	400 IM(fast to slow)
March 16, 2014	65 (1:06.10)	66 (1:07.00)	C	100 Free
Warm-up: 7:30 AM	67 (1:02.60)	68 (1:01.00)	B	100 Free
Start: 9:00 AM	69 (1:01.60)	70 (54.10)	A	100 Free
	71 (33.90)	72 (36.00)	C	50 Fly
	73 (1:16.50)	74 (1:17.00)	B	100 Fly
	75 (1:12.00)	76 (1:03.90)	A	100 Fly
	77 (39.60)	78 (41.99)	C	50 Breast
	79 (1:23.00)	80 (1:21.00)	B	100 Breast
	81 (1:20.50)	82 (1:14.00)	A	100 Breast
	83	84	C	200 Free Relay
	85	86	B	200 Free Relay
	87	88	A	200 Free Relay
Session 6 - Sunday	89 (34.00)	90 (34.50)	D	50 Free
March 16, 2014	91 (18.20)	92 (18.29)	E	25 Free
Warm-up: 1:00 PM	93 (40.00)	94 (42.10)	D	50 Fly
Start: 1:45 PM	95 (22.59)	96 (24.50)	E	25 Fly
	97 (45.50)	98 (46.99)	D	50 Breast
	99 (24.59)	100 (26.89)	E	25 Breast
	101 (2:50.00)	102 (2:55.00)	D	200 Free
	103	104	E	100 Free Relay
	105	106	D	200 Free Relay
Session 7 - Sunday	65	66	C	100 Free
March 16, 2014	67	68	B	100 Free
Warm-up: 4:00 PM	69	70	A	100 Free
Start: 5:00 PM	71	72	C	50 Fly
	73	74	B	100 Fly
	75	76	A	100 Fly
	77	78	C	50 Breast
	79	80	B	100 Breast
	81	82	A	100 Breast

Note: Events 1-2, 9-18, 37-64, 83-106 are timed finals.

All Class A, B & C relays on Saturday are swum in the Saturday Session 4.

All Class A, B & C relays on Sunday are swum in the Sunday Session 6.

Events 3-8, 19-36, top 16 advance, Consolations & Finals are swum in the Saturday Session 4.

Events 65-82, top 16 advance, Consolations & Finals are swum in the Sunday Session 7.

**2014 New York State YMCA Swimming Championship**  
**March 14, 15 & 16, 2014**  
**Team Registration Form**

We certify that all listed competitors have been full privileged members of our YMCA for at least 90 days as of March 14, 2014. We further certify that all competitors have only represented this YMCA in any open swimming competition since October 31, 2013, and that we are in compliance with all other "rules that govern YMCA sports competition". We further certify that our swimmers will be supervised at all times by our appointed, properly certified coach, and we shall be responsible for their conduct during the meet. The liability policy of this association is in force and extends to our competitors during this event. Listed below, are the names of the additional coaches that will require deck passes for the meet and we certify that all are safety certified.

Association (YMCA) \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ # of Girls                      \_\_\_\_\_ # of Boys

Executive Director's Name(please print) \_\_\_\_\_

Signature \_\_\_\_\_ Phone \_\_\_\_\_

Coach's Name(please print) \_\_\_\_\_

Signature \_\_\_\_\_ Phone \_\_\_\_\_

Director in Charge Name(please print) \_\_\_\_\_

Signature \_\_\_\_\_ Phone \_\_\_\_\_

Additional Coaches \_\_\_\_\_  
(print names) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please complete and return this form no later than February 24 to: [brianb@rochesterymca.org](mailto:brianb@rochesterymca.org)



**2014 NYS YMCA Swimming Championship Meet**  
**Summary of Entries Form**  
(Hy-Tek meet entry fee report may be substituted for this form)

Team Name: \_\_\_\_\_

Head Coach: \_\_\_\_\_

**Boy's Entries**

Individual      \_\_\_\_\_ @ \$5.00      Amount Due \_\_\_\_\_

Relays            \_\_\_\_\_ @ \$20.00      Amount Due \_\_\_\_\_

**Girls Entries**

Individual      \_\_\_\_\_ @ \$5.00      Amount Due \_\_\_\_\_

Relays            \_\_\_\_\_ @ \$20.00      Amount Due \_\_\_\_\_

Total Amount Due \_\_\_\_\_

Please complete and return this form no later than February 24 to: [brianb@rochesterymca.org](mailto:brianb@rochesterymca.org)

Please make checks payable to Greater Rochester YMCA.

Checks must be received prior to March 12, 2014 or may be brought to coach check in at the meet.

**2014 NYS YMCA Swimming Championship Meet  
Senior Recognition Form**

We would like to recognize all high school seniors who will be attending the meet.  
Please include their names and number of years of YMCA swimming.

Team Name: \_\_\_\_\_ Head Coach: \_\_\_\_\_

High School Senior	# of years in YMCA Swimming	College Attending
_____	_____	_____
_____	_____	_____
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Please complete and return this form no later than February 24 to: [brianb@rochesterymca.org](mailto:brianb@rochesterymca.org)

**2014 NYS YMCA Swimming Championship Meet**

**Meet Program Advertising Form**

**Advertisement in the meet program that is made available for purchase to spectators and guests of the swimmers in attendance at the 2014 Championship Meet is open to teams, individuals and businesses.**

**Meet Program Advertisement Opportunities are as follows;**

**A quarter page ad, 4"x5" costs \$25.00**

**A half page ad, 8"x5" costs \$50.00**

**A full page ad, 8"x10" costs \$100.00**

**Please complete the information below and send with your payment and camera ready ad by February 24, 2014 to Brian Bradstreet, Northwest YMCA, 730 Long Pond Rd., Rochester, NY 14612**

**You may also, and it is highly recommended, send your ad via email to [brianb@rochesterymca](mailto:brianb@rochesterymca) and also to [ystringray@aol](mailto:ystringray@aol) by February 24, 2014. Space is limited!!**

**The preferred format is .pdf**

**Advertiser or Sponsor Name: \_\_\_\_\_**

**Contact Person \_\_\_\_\_**

**Address: \_\_\_\_\_**

**Email: \_\_\_\_\_**

**Phone: \_\_\_\_\_**

**Amount Paid: \_\_\_\_\_**

## 2014 NYS YMCA Swimming Championship Meet Checklist

- \_\_\_\_\_ ASAP - Register coaches on [www.ymcacompetitiveswim.org](http://www.ymcacompetitiveswim.org).  
Only coaches with Championship Deck Cards will be issued a State Meet deck pass.
- \_\_\_\_\_ January 24 - Team Rosters by E-mail (Hytek Export File)
- \_\_\_\_\_ February 24 - Team Registration Form signed by Executive Director, Program Director, and Coach.
- \_\_\_\_\_ February 24 - Summary of Entries Form
- \_\_\_\_\_ February 24 - Senior Recognition Form
- \_\_\_\_\_ February 24 - Team Sponsor Ads
- \_\_\_\_\_ February 24 - Entries via e-mail (Hytek entry file)
- \_\_\_\_\_ March 1 - Final day to submit new qualifying swimmers or additional swims for entered swimmers.

All coaches must show current Championship Deck card to receive a Meet Deck pass.  
You can send a copy in advance to Brian Bradstreet or show it at registration.