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2016 New York State YMCA Swim Meet Information
Hosted by the Independent Health, Ken-Ton, and Lockport YMCAs

Date: Friday-Sunday, March 18-20, 2016

Start Times:

Class C, B, A

Friday:	Warm-up: 4:00 PM	Start: 5:00 PM *
Saturday:	Warm-up: 6:30 AM	Start: 8:00 AM *
Sunday:	Warm-up: 7:30 AM	Start: 9:00 AM *
Finals: Saturday:	Warm-up: 5:00 PM	Start: 6:00 PM **
Sunday:	Warm-up: 4:00 PM	Start: 5:00 PM **

* Warm up will be split into two 40 minute sessions which includes 10 minutes of sprints by teams.

Class E, D

Saturday:	Warm-up: 12:30 PM	Start: 1:30 PM **
Sunday:	Warm-up: 1:00 PM	Start: 1:45 PM **

** Subject to change after entries are received.

Facility:

UB Alumni Arena Natatorium (North Campus)
130 Alumni Arena, Buffalo, NY 14260
Web: <http://www.ubbulls.com/facilities/natatorium>

The University at Buffalo's Natatorium is home to both the men's and women's swimming and diving teams and is comparable to any facility in the East and includes movable bulkheads, four springboards and four diving platforms, accommodations for the handicapped and gallery seating for 1,000 spectators.

The pool which is 50 meters long and 25 yards wide holds 700,000 gallons of water. From April through October, the pool is setup in long course format. With the ability to have blocks on both ends, the eight lane pool is able to hold any long course competition. During the winter months, the pool is converted to short course. With a bulkhead in the middle, the pool can hold competitions on both ends simultaneously. This is further enhanced with the technology of Colorado Timing Systems. With two eight lane scoreboards, and the accuracy of automatic timing, this system helps enhance the greatness of the facility.

UB's Natatorium is also on the cutting edge of water treatment technology with an ultraviolet filtration system that was installed in the spring of 2000. The unique system is the first of its kind to be used in a pool in the state of New York, and it was donated as a Gift-in-Kind to the University at Buffalo from Wedeco/Ideal Horizons of Poultney, VT, Environmental Resources Management of Pittsford, NY and Final Filtration, Inc. of Amherst, NY. The system, which costs more than



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\$55,000, uses ultraviolet light instead of chlorine to clean and sterilize the water in the pool without chemicals, thereby reducing corrosion, the chlorine smell and skin irritation to swimmers and making the water quality in the Alumni Arena Natatorium cleaner and healthier.

Sanctions: Meet is sanctioned by the YMCA Competitive Swimming and Advisory Committee, YMCA Sanction No.: CAQ-2015-NY12235575. The meet is held under the approval of USA Swimming, Approval Number: TBD.

Roster: Each participating team must submit a HY-Tek Team Roster export file to 2016.NYS.YMCA.SWIMMING@GMAIL.COM. Rosters must be submitted no later than January 15, 2016, for teams to be eligible for the meet. Late rosters will only be accepted at the discretion of the Meet Directors. After January 15th, a \$10/team late registration fee payable to NYS Commissioner must accompany registration and rosters.

Eligibility: New York State YMCA Swimming and Diving League and YMCA National Rules will govern.

See Addendum 1 for Swimmer Eligibility rules as stated in the YMCA of the USA Competitive Swimming Black Book.

The 2016 NY State Swimming Championship Meet shall be a closed competition as that term is defined in the Rules That Govern YMCA Competitive Sports.

All swimmers entered into the meet must have previously represented their YMCA in YMCA closed competition meets.

All teams must be currently registered through the YMCA Online Team Registration (<http://www.teamunify.com/Home.jsp?team=ymaner>) system in order to participate in the meet.

All Coaches must show their current YMCA coach credentials or the individual current certification cards, as follows, to be permitted on deck at the meet:

- Lifeguard and Safety Training for Swim Coaches
- First Aid
- CPR
- YMCA Coaches Principles Class

Insurance: A copy of your YMCA insurance certificate naming State University of New York at Buffalo, Buffalo Niagara YMCA Association and the Lockport YMCA as additional Insured must be submitted with your entries.



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Entries:

All entries must be submitted as a HY-Tek export or Team Unify file and be RECEIVED BY February 22nd. Entries must be submitted via E-mail to 2016.NYS.YMCA.SWIMMING@GMAIL.COM. The meet file will be posted on the NYS web site. Any team that has a district meet after February 22nd may submit entries for swimmers or additional swims that qualify via e mail until March 5th. These swims and swimmers will be seeded at the meet cut-off time and on a first-come-first served space availability basis and names WILL NOT appear in the meet program. In each case, please e-mail the swimmer's name, DOB, event #, qualification time, and if the swimmer is already in the meet. DO NOT resubmit via HY-Tek.

Either checks for entry fees, payable to: Independent Health YMCA or a copy of a check request must accompany supporting documentation. Supporting documentation must be in hand before any swimmer will be allowed to enter the pool. Send all documentation and monies to:

Independent Health Family Branch YMCA
Attn: Ehrin Hughes, Aquatics Director
150 Tech Drive
Amherst, New York 14221

Entry Fees:

\$5.00 per Individual Event, \$20.00 per Relay Event. There will be a \$1.00 per swimmer surcharge. The swimmer surcharge will be paid to the NYS Commissioner account by the meet host to help fund the NYS Scholarships. There are no refunds for scratches. Team checks only please. (Exceptions by prior agreement).

Format:

Class E (8 & under) and Class D (10 & under) - All events will be timed finals. There will be diving blocks on both ends of the 25 yard pool. Therefore, all starts including Class E relay starts will be from starting blocks. We will use dive overs for all individual events of 50 yards and longer except backstroke. Please make sure ALL of your swimmers are familiar with this.

Class C (11 & 12), Class B (13 & 14) and Class A (15-19) - All events will have consolation finals and finals with the exception of the 500 yard freestyle, relays, and all Open Events which will be timed finals. Dive overs will be used for all individual events of 50 yards and longer except backstroke. Please make sure ALL of your swimmers are familiar with this.

- * The 500 yard Freestyle will require positive check-in and be deck seeded.
- * All 11 & over (non-open) medley relays will be swum during the Saturday's finals.
- * All relays on Sunday will be swum during the morning session.
- * There will be a special 11 & over (open, non-scoring) mixed medley relay, which must consist of 2 female and 2 male swimmers.
- * Each team will be authorized to submit one A-Relay.



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* Exhibition B-Relay entries will be considered and deck entered at the time of the event based on available lanes.

Awards: Medals for 1st-8th place, Ribbons for 9th-16th place
1st-3rd Team Award in each age group
1st-3rd Team Award Overall Points

Rules: 2015 USA Swimming Technical Rules, as modified for NYS YMCA Swimming and Diving Championships (see <http://www.yswimmingnewyork.org/files/2015-16%20NYStateYMCASwimmingRules-090915.pdf>).

A swimmer may swim up to three age group individual scoring events in the meet that they have qualified for. In addition, a swimmer may swim up to three open individual non-scoring events that they have qualified for. A swimmer may only swim a total of three individual events per day. A swimmer may swim on two age group relays and three open relays. Please list relay names and order on your entry. Changes will be permitted at the meet. Relay only swimmers must be listed on the relay.

Swim-ups will be limited to Class D relays. Teams will be permitted to use Class E (8 & under) swimmers to complete relays in Class D (9 & 10). No other swim-ups are permitted.

Please submit proof of time for 8 & under 100 freestyle, 9-10 200 freestyle, all 500 freestyle and all open individual events. Be prepared to prove any times with meet results at the meet if your swimmer does not achieve the cut off time. Please make sure you are familiar with proof of time rules on the NYS Swimming Website (<http://www.yswimmingnewyork.org>).

Scratches will be on the blocks. USA Swimming scratch rules are in effect for all preliminary/final events.

No false start rule in effect for ALL age groups.

Scoring: Individual Events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
Relays: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2

Admissions: Admission passes and programs will be able to be purchased in advance on-line, <https://thriva.activenetwork.com/Req4/Form.aspx?IDTD=6607567&RF=6709209>.

Advance Purchase:	ALL Sessions Meet Pass	\$20.00*
	Class ABC Multi Session Meet Pass	\$15.00*
	Class DE Multi Session Meet Pass	\$15.00*
	Single Session Pass	\$8.00



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	Meet Program	\$15.00
At Door Purchase:	All Session Meet Pass	\$25.00*
	Single Session Pass	\$10.00
	Meet Program	\$20.00

* Includes Finals

Only those persons with meet passes will be allowed to the access points of the spectator gallery.

Officials:

YMCA Sanctioned Meets must be run under USA Swimming Technical Rules. It is recommended that they also follow the USA-S Administrative Regulations of Competition in Part Two of the Rulebook, modified to adapt to local conditions.

It is expected that YMCA Sanctioned Meets will obtain "Approved Meet" status from the local USA-S LSC and enter the results into the USA-S SWIMS database.

YMCA Sanctioned Championship Meets must be officiated by YMCA certified officials. USA-S certified officials may assist in the officiating and should be encouraged to do so. However, the Meet Referee must be YMCA certified and two additional YMCA certified officials must be on deck at all times, one of whom must be the deck referee. A copy of the Meet Referee's YMCA Certified Official's card must be submitted with the sanction request.

Meet Referee: Rich Bleichfeld 716-839-1686 bleichfeld@roadrunner.com

Meet Directors: Rich Bleichfeld 716-839-1686 bleichfeld@roadrunner.com
Robert Wolf 716-870-0391 rffw63050@gmail.com
Darcee Hughes 716-870-6147 darceerae@aol.com

Refreshments: Hospitality room available for coaches and officials.

Facility:

The Alumni Arena Pool is an eight lane pool with Paddock continuous flow through lane lines and a separate warm-up, cool down area. The University at Buffalo uses a Colorado timing System and Hy-Tek computer scoring. The water depth at the start end is 2.4m/2.4m at a distance of 1.0m/5.0m, and the water depth at the far end is 1.2m/1.8m at a distance of 1.0m/5.0m. The competition course has not been certified in accordance with 104.2.2C(4).

No swimmers are to leave the pool area. Please keep track of your swimmers, they will not be allowed to enter the stands unless fully dressed.

The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.



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Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

No shaving is permitted in the facility.

Swimmer Eligibility

YMCA Membership

A Swimmer must be a YMCA member who, after due application, is enrolled by the association as a member, entitled to full privileges, activities, and services of that association. This means that members of YMCA competitive teams must have full-privilege YMCA memberships that entitle them to the same activities and services as other full privilege YMCA members. A swimmer must be a member in good standing of his/her YMCA for 30 days prior to competing for that YMCA in a meet. The swimmer must be a member in good standing of his/her YMCA for 90 days prior to representing that YMCA in a district, regional, state or national championship meet. (Rules That Govern, Rule II Sec.1a) The membership status must be valid through the end of the competition.

Dual Representation and Membership Transfer

Swimmers who wish to change their membership from one YMCA to another may do so through *Transfer by Consent*. An athlete may transfer from one YMCA team to another YMCA team and be eligible to compete for his/her new YMCA team immediately upon the written consent of the YMCA that he/she previously represented. This includes transfer from one metropolitan branch to another. The membership transfer shall be completed BEFORE the individual competes for the new association or branch. This written consent must be in the form of a letter from the executive director of the YMCA association or branch that he/she previously represented. However, the athlete must still be a full privilege member of a YMCA - any YMCA - for 30 days prior to competing in any YMCA meet and be a full privilege member of a YMCA - any YMCA - for at least 90 days prior to competing in a YMCA district, regional, state or national championship meet. Once an individual transfers by consent to another YMCA, that person cannot transfer back and compete for the YMCA unit he/she previously represented for one year from the date of the original transfer. (Rules That Govern, Rule 2 Sec. 2)

Swimmers who wish to transfer from a non-YMCA team (USA Swimming team) to a YMCA team during the current season must observe the YMCA membership rules as stated above and in the Rules That Govern. To be eligible to compete in the YMCA National Championship meets a swimmer must not have represented any organization other than his/her YMCA team (high school excepted) for at least 90 days prior to the YMCA National Championship entry deadline.

USA Eligibility

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. No swimmer will be permitted to compete unless the swimmer is a



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member as provided in Article 302. It is understood and agreed that USA Swimming shall be free from any liabilities of claims for damages arising by reason of injuries to anyone during the conduct of the event.

Everybody Swims, Everybody Wins!